

Local Activities as at October 2020

Activity	Description	Day	Time	Location	Cost	Contact Details	Date Reviewed
Memory Lane Day Centre	Day Care with Activity & Cognitive Stimulation for people living with Dementia. Gives respite for Carers	Monday - Friday	10am – 4pm	Ingots Building, Cemetery Road Yeadon (Transport available)	Contact for costs	Amanda 07989 356923 www.memorylanecare.co.uk	August 2020, Open within guidelines, ring for details.
Aireborough Historical Society	Recording and preserving the history of Aireborough	Monday		Yeadon Town Hall Also evening talks at Guiseley Methodist Church on 2 nd Thursday evenings.	Admission to talks is £2.00	Carlo Harrison airbhistory@aol.com	Not currently meeting – August 2020. Email Carlo for more information.
Guiseley Art Club	Relaxing, friendly and helpful. Come along and see for yourself.	Monday		Guiseley Methodist Church, Oxford Road, Guiseley.	Members pay £60 per year but try an initial visit for no charge.	artguiseley@hotmail.co.uk	Not currently meeting – August 2020. Email them for more information.
Readers Group	Books chosen by the group but don't worry if you don't finish it.	Every 4 weeks on Monday afternoons		Rawdon Community Library	£2.00	rawdoncommunitylibrary@gmail.com Opening Saturdays and Wednesdays only at present 0113 3910440	Not currently meeting – August 2020. Email them for more information.
Railway interest Group	Discussion group about mainly Yorkshire railways with some trips out.	3 rd Monday of the month		Rawdon Community Library	£2.00	rawdoncommunitylibrary@gmail.com Opening Saturdays and Wednesdays only at present 0113 3910440	Not currently meeting – August 2020. Email them for more information.

Local Activities as at October 2020

Knit and Knatter	Knitting and crafts	Monday		Yeadon Library, High Street, Yeadon		Library now open but check opening times, 0113 3781909 August 2020	Not currently meeting – September 2020. Ring them for more information
Gardening Group	Enjoy gardening? Come and share or learn.	2 nd Monday in the month	2pm	Rawdon Community Library	£2.00	rawdoncommunitylibrary@gmail.com Opening Saturdays and Wednesdays only at present 0113 3910440	Not currently meeting – August 2020. Email them for more information.
Pilates with Pat	All ages and abilities	Monday, Wednesday or Thursday various times		Yeadon Town Hall, High Street, Yeadon		Contact Pat for full detail 07931 999849s	October 2020
Coffee Morning	Friendly chat over a hot drink	1 st and 3 rd Tuesday of the month	10.30-12pm	Rawdon Community Library, Micklefield Park, Rawdon	£2.00	rawdoncommunitylibrary@gmail.com Opening Saturdays and Wednesdays only at present 0113 3910440	Not currently meeting – August 2020. Email them for more information.
Friendship Group	Cakes and Company	Tuesday	10.00 – 11.30am	Sts Peter and Paul's Church, New Road	Small cost	Has been meeting outdoors, now suspended. Inable to say when will re-start.	September 2020
Knit Knax	Craft Club and Tea	Tuesday	2.15 pm	Yeadon Methodist Church, Chapel Hill, Yeadon	Small Charge	Check with Susan 0113 2504379 for more information.	Open within guidelines September 2020

Local Activities as at October 2020

Crime Readers	Reading group particularly crime fiction.	Wednesday		Yeadon Library, Town Hall Square		Library now open but check opening times, 0113 3781909 August 2020	Not currently meeting – September 2020. Ring them for more information
Walking Group	Check with organiser about length of walks.	Every alternate Wednesday	9.30am	Yeadon Methodist Church, Chapel Hill, Yeadon	-	Eric Nelson 01943 875643	Currently suspended due to maximum group size of 6 September 2020
Creative Writing Group	Supportive group offering help to beginners and more experienced writers.	2 nd and 4 th Wednesday of the month		Rawdon Community Library	£2.00	rawdoncommunitylibrary@gmail.com Opening Saturdays and Wednesdays only at present 0113 3910440	Not currently meeting – August 2020. Email them for more information.
Tai Chi	Beginners	Wednesday	11-12pm	Centre Stage Academy, Sizers Court, Yeadon	£30 for a 5 week block	Susie – 07912140893 Susie.entwistle@hotmail.com	Contact Susie for information. September 2020
Cornerstone	Come for a light lunch, entertainment and enjoy each other's company.	Wednesday	12.00-2.00pm	Guiseley Baptist Church, Oxford Road, Guiseley	Donation appreciated.	Church office 01943 884233	Not currently meeting, September 2020
Gentle Exercise	Seated exercise classes within COVID 19 guidelines	Wednesday	12-1pm OR 1.30-2.30pm	Jubilee Hall, Layton Ave, Rawdon	£2.50 - £5.00 depending on how many classes you pay for	Contact Jenny Wilson : 0113 250 0209 / 07941 707397 for availability.	September 2020

Local Activities as at October 2020

EXTEND Chair Based Exercise		Wednesday	1.30 – 2.30 pm	Guiseley Theatre	£4.00	Liz – 07505145153	Contact Liz for availability, September 2020
Guiseley Women's Institute	Much more than sponge cakes- Campaigning and Company	2 nd Wednesday of the month. Outings and craft meeting on 4 th Wednesday of month	1.30pm – 3.15pm	The Scout Hut, The Green, Guiseley. Level Access from the street.	Annual Subscription £39 but pro rata through the year.	.	Not currently meeting, September 2020
French Conversation	Topical French conversation for all	Alternate Wednesday afternoons	2-3pm	Rawdon Community Library	£2.00	rawdoncommunitylibrary@gmail.com Opening Saturdays and Wednesdays only at present 0113 3910440	Not currently meeting – August 2020. Email them for more information.
Guiseley and Esholt Mother's Union	All welcome, not just mothers! For fellowship and friendship	1 st Wednesday of the month	2pm	St Oswalds Parish Centre, Church Lane, Guiseley		The Leader – 01943 461389	Not currently meeting – September 2020. Ring them for more information
Science Fiction readers	Reading group particularly Sci-Fi fiction.	Wednesday		Yeadon Library, Town Hall Square		Library now open but check opening times, 0113 3781909 August 2020	Not currently meeting – September 2020. Ring them for more information
Mercury Movie Makers	Make your holiday film come to life or create a documentary. Competitions and speakers	Wednesday	7.30pm	Rawdon Conservative Club		www.mercurymoviemakers.com or e-mail mercurymovies@hotmail.com	Not currently meeting – September 2020.

Local Activities as at October 2020

Aireborough Camera Club	Varied programme of talks and competitions	Wednesdays, September to May	7.45pm	Via Zoom		www.aireboroughcameraclub.co.uk email tonyjennings064@gmail.com	Email for more information September 2020
Tai Chi	Beginners	Thursday	9:30 – 10:30am	Guiseley Theatre	£30 for 5 weeks	suzie.entwistle@hotmail.com 07912140893	Contact Susie for information. September 2020
Coffee Stop	New people are guaranteed a warm welcome by this friendly group.	Thursday	10.00 to 10.30am	Guiseley Methodist Church, Oxford Road, Guiseley		Access the car park from Orchard Way, Guiseley http://www.guiseleymethodistchurch.co.uk/	Not currently meeting – September 2020. Check website for more information
Aireborough Civic Society	Local History Group. Interested in old Aireborough? See the archive collection held by the library.	Last Thursday of the month		Rawdon Community Library	£2.00	rawdoncommunitylibrary@gmail.com Opening Saturdays and Wednesdays only at present 0113 3910440	Not currently meeting – August 2020. Library may have more information.
Mindful Colouring Group	Group aimed at adults	Thursday		Yeadon Library, Town Hall Square		Library now open but check opening times, 0113 3781909 August 2020	Not currently meeting – September 2020. Ring them for more information
Craft Club	Small group of crafters, so revive your old skills in this friendly group.	Thursday	2.00pm	Guiseley Baptist Church, Oxford Road, Guiseley	Donation appreciated.	Call ahead to the Church office 01943 884233	Not currently meeting, September 2020

Local Activities as at October 2020

Needle Crafts	All kinds of needlecrafts in a friendly group.	2 nd and 4 th Thursday of the Month	2-4pm	Rawdon Community Library	£2.00	rawdoncommunitylibrary@gmail.com Opening Saturdays and Wednesdays only at present 0113 3910440	Not currently meeting – August 2020. Library may have more information
Coffee Morning	Also, Confidential "listening ear" is available for all to talk things over. Don't let it get you down.	Friday	9.45-11.45 am Listeners available 10-11am	Yeadon Methodist Church, Chapel Hill, Yeadon	Small charge	Use the side door for level access. All welcome not just church members. David 07734690661	October 2020
Relaxation Group	And relax.....	Friday	10.30 to 12 noon	Rawdon Community Library	£2.00	rawdoncommunitylibrary@gmail.com Opening Saturdays and Wednesdays only at present 0113	Not currently meeting – August 2020. Library may have more information.
Memory Lane café	For people and carers who are living with Alzheimer's and Dementia	The last Friday of the month	1 to 3.30pm	Yeadon Town Hall, Town Hall Square	£3	Amanda 07989 356923 www.memorylanecare.co.uk	October 2020
The Connection	Second and last Saturday of every month. Coffee, cake and chat.	Saturday	10.15-11.30am	Guisley Baptist Church, Oxford Road, Guiseley.	Donations	Just turn up! Church Office 01943 884233	Not currently meeting, September 2020
Guisley Senior Citizens Association	Monthly Coffee morning at Guiseley Scout Hut and an annual coach trip	Saturday but date varies 10-11.30am		Guisley Scout Hut, The Green, Guiseley		Look outside the Scout Hut for the Board advertising the date.	Not currently meeting, August 2020.
Guisley in Bloom	Lend a hand and keep Guiseley tidy and attractive.	Sunday mornings		Around Guiseley		info@guiseleyinbloom.org	September 2020

Local Activities as at October 2020

Incredible Edible Aireborough	Help to grow fruit, herbs and veg in local community plots	3 rd Sunday of the month	11am	Usually the Station Pub Carpark, Guiseley		incredibleaireborough@gmail.com	September 2020
Computer Buddying	Friendly one to one help	As required		Rawdon Community Library	£2.00 per session	rawdoncommunitylibrary@gmail.com Opening Saturdays and Wednesdays only at present 0113 3910440	Not currently meeting – August 2020. Library may have more information.
Language Courses	All abilities – Spanish, Italian, German, French and Chinese	Various		All classes on line	Please enquire for details	www.leapintolanguages.co.uk 07985622725 anna@leapintolanguages.co.uk	September 2020
Aireborough Neighbourhood Development Forum	Campaigning group to support sustainable development of the Aireborough area.	Contact them to find out opportunities to get involved		Follow the forum on line aireboroughnf.wordpress.com		aireboroughnp@gmail.com	September 2020

Please Note: This list has been compiled by AVSED, your local Neighbourhood Network for older people. The latest copy of this document will always be available on AVSED's Website (www.avsed.org.uk)

We do our best to keep these details up to date and accurate BUT please let AVSED know on 0113 250 1702 or info@avsed.org.uk if any details are incorrect, or we have missed anything!

