

AVSEDbplus is designed to support people with mild to moderate dementia. One in 14 people over 65 - increasing to one in 6 over 80 - have **dementia**, and even more are affected by **memory** loss.

This number is increasing year on year as people **live** longer, with an estimated 8700 in Leeds alone. It is important to know that dementia is not a normal part of **ageing**.

AVSEDbplus provides a **safe**, welcome and supported space for loved ones to enjoy **company** and **engagement** whilst providing family and carers with respite and peace of mind.

We are a friendly, **community**-based service that supports living well with dementia.



AVSED is a local **charity** working to prevent **social** isolation and loneliness for Aireborough **seniors** by supporting healthy, **happy**, and **independent** living

JOIN US AT:

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Registered Charity: 1165792 Limited Company: 09882948



AVSEDest1992



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AVSEDbplus

Daytime activities, company and support to those living with dementia

WHAT IS AVSED*plus*?



WHAT TO EXPECT IN THE SESSIONS

AVSED*plus* is a dementia activity service, designed to be a natural step between independent community services and full day care services.

AVSED*plus* provides fun, stimulating and therapeutic daytime activities, company and support to those living with dementia and memory impairment in a safe, friendly, community-based environment, whilst offering families and carers some much-needed respite time.

We follow AVSED's regular programme of physical activities, shared meals, therapeutic activities and supported social time - all designed for different engagement levels. Each individual can find their own comfort level in AVSED*plus*, through a person-centred, cognitive-appropriate programme delivered by a trained, caring and understanding staff & volunteer team.

AVSED recognises the importance of a person's journey and AVSED*plus* was developed through member feedback and needs to support our members through the early stages of their dementia journey.

Our dementia activity service provides many benefits to those with memory impairment and their families.

- Engaging social & cognitive stimulation
- Improved relationships
- Enhanced quality of life
- Supports good health and wellbeing
- Encourages engagement to maintain skills and abilities
- Reduces loneliness and isolation
- Caregivers' support and respite



AVSED*plus* is open to anyone with mild to moderate memory impairment and those with respite needs.

Our team will provide a full assessment of needs before a placement is offered, to ensure everyone's safety and to ensure the service is right for you.

The service takes place at Greenacre Hall. Session times are Tuesday & Thursday, 10am – 3pm.

Sessions will include:

- Welcome Drinks
- Physical Activity
- Elevenses
- Therapeutic Activity
- Shared Lunch
- Social Activity
- Afternoon Tea.



The cost per session is £50.

Financial Support

You may be eligible for financial support to help pay for AVSED*plus* through

- Welfare Services/Attendance Allowance
- ASC Assessment for Care Needs.